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FOR IMMEDIATE RELEASE

AWARD-WINNING AUTHOR RELEASES “HOW TO” BOOK ON FINDING SECURITY AND SUCCESS IN TOUGH ECONOMIC TIMES

(San-Francisco) Award-winning author Marshall Vian Summers will be releasing a new book titled “*The Great Waves of Change: Navigating the Difficult Times Ahead.*”

In this timely work, Summers lays out the dangers facing economies and societies and puts forward new approaches to achieving individual security, stability and success amidst what he calls the Great Waves of change –a converging set of challenges, including economic contraction, changing climate, diminishing resources, deteriorating environment and the increasing risk of international conflict and war.

Published by New Knowledge Library (NKL), *The Great Waves of Change* will be available in bookstores September 2009.

“This book is, in effect, a crash course for swimming in turbulent waters,” said Richard Heinberg, best-selling author (*Powerdown, The Party’s Over*) and senior fellow at the Post Carbon Institute. “We can survive the confluence of economic crisis, climate change, energy scarcity, overpopulation, and all the rest--but not without profoundly changing the ways we think, relate to one another, and treat our environment. *The Great Waves of Change* tells us how.”

George Noory, host of nationally-syndicated Coast to Coast AM, offered his praise, saying “Summer’s work (in the *Great Waves of Change*) provides an outline of the coming changes and prepares the reader for living in a radically different world.”

A popular media-guest, Summers is the author of five other books. including *Steps to Knowledge* (New Knowledge Library), winner of the Foreward Magazine Book of the Year Award.

With translations of his books in six languages, Summers’ writings on the convergence of world trends and the personal options and actions available to each person are being read by growing numbers around the world. His writing is known for its directness, clarity of vision and intensely personal tone.

Summers said much of *The Great Waves of Change* was completed after a one-month trip through Iran over the spring of 2008, which he said provided him a startling glimpse of the fragility of world security and the scope of the dangers facing humanity economically, politically and environmentally.

Success in tough economic times – add 1

“Numerous books have been written about aspects of the problem. But few have considered the full scope of the convergence of these challenges and the kind of world we will be facing as a result. This book presents a vision of that world, based on the logical outcomes of the change already underway, and asks the question: what will it mean for us individually to live in this kind of world? This book is really about the individual and what they will need to see, know and do to navigate the immense change ahead, the Great Waves of change.”

Speaking to a gathering of journalists, activists and civic leaders at the 2006 Energy Solutions Conference in NYC, Summers put forward the inspiration behind his new book.

“In facing the Great Waves of change, it really comes down to inner preparation. In the future, we will all face a series of key decisions – decisions that will determine our lives. Will you rely on outside authority to tell you what is coming and what you should do, even as major institutions fail and social confusion rises around you? Or will you rely on your own inner authority, an authority that, once strong enough, the world, no matter how unstable, cannot touch. The future success and wealth of our families, communities and that of humanity as a whole, will depend on the courageous and inspired action of individuals, of you and those around you, guided and strengthened by this inner authority.”

The book contains fourteen chapters, ranging from “Preparing Your Family” to “The Danger of Isolation” to “Relationships and the Great Waves.” The book also contains over 20 practices designed to help readers explore questions about possessions, work, where to live, relationships, community and the needs of one’s children. Further sections equip readers with inner tools necessary to consistently make sound and develop a kind of crisis “knowing” which, in traumatic or unforeseen situations, can be vital to overcoming fear and acting rationally and with wisdom.

“Once in a great while, a book appears of such universal importance and urgency that conscience demands it be made available quickly to people everywhere,” says Joyce Johnson, managing publisher at New Knowledge Library. “It is my conviction that *The Great Waves of Change* is such a book”

Numerous radio interviews with Marshall Vian Summers have been scheduled over the coming months and lectures and book signings are being planned in Seattle, Portland, Denver and New York.

More information about *The Great Waves of Change* and Marshall Vian Summers and excerpts from the book, are available at www.greatwavesofchange.com

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TITLE: *The Great Waves of Change: Navigating the Difficult Times Ahead*

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AUTHOR: Marshall Vian Summers

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INFORMATION: www.greatwavesofchange.org, www.newknowledgelibrary.org

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