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**FOR IMMEDIATE RELEASE**

**AWARD-WINNING AUTHOR RELEASES “HOW TO” BOOK ON  
FINDING SECURITY AND SUCCESS IN TOUGH ECONOMIC TIMES**

(San-Francisco) Award-winning author Marshall Vian Summers will release a new book, *The Great Waves of Change: Navigating the Difficult Times Ahead*. Published by New Knowledge Library (NKL), it will be available in bookstores September 2009.

In this timely work, Summers lays out the dangers facing economies and societies and puts forward new approaches to achieving individual security, stability and success amidst what he calls the Great Waves of change.

“This book is, in effect, a crash course for swimming in turbulent waters,” said Richard Heinberg, best-selling author (*Powerdown, The Party’s Over*) and senior fellow at the Post Carbon Institute. “We can survive the confluence of economic crisis, climate change, energy scarcity, overpopulation, and all the rest--but not without profoundly changing the ways we think, relate to one another, and treat our environment. *The Great Waves of Change* tells us how.”

According to Summers, much of the book was completed after a one-month trip through Iran over the spring of 2008, which he said provided him a startling glimpse of the fragility of world security and the scope of the dangers facing humanity economically, politically and environmentally.

A popular media-guest, Summers is the author of five other books including *Steps to Knowledge* (New Knowledge Library), winner of the Foreward Magazine Book of the Year Award.

*The Great Waves of Change* contains over 20 exercises designed to help readers explore questions about possessions, work, where to live, relationships, community and the needs of one’s children. Further sections equip readers with the inner tools necessary to consistently make sound decisions and develop a kind of crisis “knowing” which, in traumatic or unforeseen situations, can be vital to overcoming fear and acting rationally and with wisdom.

With translations of his books in six languages, Summers’ writings on the convergence of world trends and the personal options and actions available to each person are being read by growing numbers around the world. His writing is known for its directness, clarity of vision and intensely personal tone.

“Once in a great while, a book appears of such universal importance and urgency that conscience demands it be made available quickly to people everywhere,” says Joyce Johnson, managing publisher at New Knowledge Library. “It is my conviction that *The Great Waves of Change* is such a book”

More information about *The Great Waves of Change* and Marshall Vian Summers and excerpts from the book, are available at [www.greatwavesofchange.org](http://www.greatwavesofchange.org)

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**TITLE:** *The Great Waves of Change: Navigating the Difficult Times Ahead*

**PUB DATE:** First Edition: September 2009

**AUTHOR:** Marshall Vian Summers

**PUBLISHER:** New Knowledge Library

**ISBN:** 978-1-884238-44-4

**INFORMATION:** [www.greatwavesofchange.org](http://www.greatwavesofchange.org), [www.newknowledgelibrary.org](http://www.newknowledgelibrary.org)

**LIST PRICE:** \$14.95

**FORMAT:** Paperback, 6”x9”, 172 pages

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